

Precious Blood. Rinse the Chalice with water and drink to ensure there is none of the Precious Blood remaining.

13. Wipe out Chalice with your Purifier and then fold and place purifier on top of the Chalice If you prefer not to consume the remaining Precious Blood, offer it to another EM or the Deacon.
14. Once the distribution of Communion is over and any remaining Hosts have been placed in the Tabernacle reverently return to your seat and continue your participation in the celebration.
15. At the dismissal make your way to the front of the Altar once more and process out with the other ministers and Priest.

If you are rostered to serve and cannot, YOU are responsible for arranging for a substitute and advising the Parish Office.

The Extraordinary Minister of the Eucharist Contact List will be attached to the Roster



God of Love and Mercy.
With reverence and humility I
approach the Eucharist and this
ministry.

Grant me the grace To help
others encounter you in this
sacrament. I ask through you
son, Jesus Christ our Lord.

Amen



Guidelines for Extraordinary Ministers of the Eucharistic within the Mass Setting in the Glenelg Catholic Parish

**‘For as often as you eat this
Bread and drink this Cup you
proclaim the Lord’s death
until he comes’**

(1 Corinthians 11:26)



WELCOME

Welcome to the Ministry of Extraordinary Minister of the Eucharist! The Eucharist constitutes the very life of the Church, for the Lord said, I am the bread of life. No one who comes to me shall ever be hungry, no one who believes in me shall ever thirst.

In every celebration of the Eucharist there should always be a sufficient number of ministers for the distribution of the Eucharist. Priority is always given to ordinary ministers (bishops, priests, deacons) When there are large numbers of the faithful present and there are insufficient ordinary and auxiliary members at hand, special or extraordinary ministers properly appointed beforehand should assist in the distribution of Communion.

(This Leaflet is designed to assist you in your participation in the Liturgical Ministry of Extraordinary Minister of the Eucharist (more commonly known as Extraordinary Minister), here in the Glenelg Catholic Parish. Your willingness to serve as an Extraordinary Minister of the Eucharist, reflects not only response to your Baptismal call to serve the people of God, but a commitment to Christ as you share in the preaching, teaching and leading aspects of the church.

God bless your efforts!

The Ministry

1. Your respect for the Ministry should be reflected in your appearance and attire. Dress neatly and modestly as befits the dignity of the ministry you are about to engage in.
2. If you are rostered on please arrive no later than 15 minutes prior to Mass and advise the commentator that you are present.
3. It is wonderful to have ministers welcome people as they arrive while handing out the Sunday Bulletin.
4. As Mass is ready to begin, gather in the Foyer with the Priest and other ministers and take part in the entrance procession. When you arrive at the Altar stand in line with the priest and other Ministers, bow to the Altar when the priest does and then rejoin the congregation and participate fully, actively and consciously in the celebration.
5. During the Lamb of God, move with the other ministers to the side of the Sanctuary and sanitise your hands. Once the Priest has received Communion move forward to the Altar and receive the Host and then the chalice. As is part of our tradition, bow reverently before you receive the host and chalice.
6. Proceed with the priest to your place of ministry ensure that someone is organized to give Communion to our music ministers.
7. **If you are distributing The Host**, reverently hold up the consecrated host between you and the receiver and looking the receiver in

the eye, smile and say "The Body of Christ". Wait for the person receiving communion to say "Amen" and then place it in their hand or on their tongue, depending on which method they prefer.

8. If an adult or child comes up for communion and they have their hands crossed over their chest, it is appropriate to ask Jesus' presence through word or appropriate gesture. e.g. "May Jesus be always with you"
9. After the entire congregation has received communion, place your ciboria or plate on the altar, then go to the credence table and sanitise your hands once more Once any remaining Hosts have been placed in the Tabernacle reverently return to your seat and continue your participation in the celebration.
10. **If you are distributing the Chalice.** Reverently hold up the chalice between you and the receiver and looking the receiver in the eye, smile and say "The Blood of Christ". Wait for the person receiving to say "Amen" and then hand them the chalice. Make sure the person has a good grip on the chalice before releasing it.
11. After the person has handed the chalice back to you, wipe the place on the chalice where they drank with a "pinching" action to wipe both sides, and turn the chalice a quarter turn.
12. If you run out of Precious Blood, proceed back up to the credence by the Altar and place your chalice there. If you have Precious Blood remaining after all parishioners have received Communion, proceed to the credence and consume the remainder of the